



Learn Beyond

KPR Institute of Engineering and Technology

(Autonomous, NAAC "A")

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CS055

NBA Accredited
(CSE, ECE, EEE,
MECH, CIVIL)**COUNSELING SESSION ON FOSTERING GROWTH MINDSET IN STUDENTS**

Event No	CS055
Organizing Department	Computer Science and Engineering
Associate Dept. NSC	Centre for Human Excellence
Date	06/04/2023
Time	11:30 AM to 12:30 PM
Event Type	Expert Discussion
Event Level	Dept. Level
Venue	CSE Board Room
Total Participants	10
Faculty - Internal	10

Related SDG



Involved Staffs

Sl	Name	Role
1	Yuvaraj N	Convenor
2	Nisha Soms	Coordinator

Outcome

The session was very useful in many ways to all the faculty members. Many members had certain doubts and concerns about their wards and had anxiety regarding their growth mindset. The resource persons addressed every issue raised and also provided solutions that would enhance the faculty and students ability to cultivate cooperative interactions and care for each other.

Event Summary

On behalf of the department of CSE, Dr.Nisha Soms , welcomed the resource persons, Dr.Babu Rangarajan and Dr.Roja Rajamani, Clinical Psychologists, the pioneers in their field towards promoting and supporting good mental health and well being. Dr. Babu Rangarajan, started the session by questioning the need for this workshop and what type of challenges the members of the faculty face frequently. After further rounds of interaction, Dr. Babu Rangarajan highlighted that of the many challenges educators face, one of the most formidable and least obvious, is the student mindset. Teaching students to comprehend, absorb, and apply new material and concepts is challenging under many circumstances. The undertaking is much greater, when students doubt their ability to learn. Hence, to boost confidence in them, the teachers should create an energetic and enthusiastic learning environment. For this, every teacher needs to create a happy and meaningful environment by either conducting different styles of teaching or by simply organizing group activities to openly discuss and exchange their mindsets. In addition, Dr, Roja Ramani, pointed out various distractions that exist in today's generation. Hence, a teacher should be empathetic and emotional while talking to a student and should never be judgmental, says Dr. Roja Ramani. Dr. Babu Rangarajan, adds that, in the classroom, the teachers should strictly maintain professional behaviors and should be open to students' suggestions or doubts which would motivate him in the fact that he is being listened to or appreciated for his/her efforts. The session ended with vote of thanks by Dr. Nisha Soms.

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Learn Beyond (Autonomous, NAAC "A")
DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING
in association with
CENTER FOR HUMAN EXCELLENCE
Organizes
Counseling Session on
"FOSTERING GROWTH MINDSET IN STUDENTS"

Resource Persons

Mr. Babu Rangarejan
Psychologist

Ms. Roja Ramani
Psychologist

6th April 2023
11:30 AM

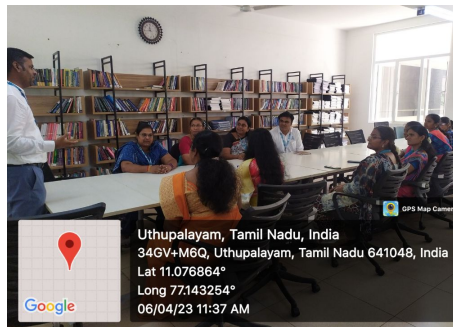
CSE Board Room

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